



October-December 2022

SPDC's Family Club sessions offers you, our lovely families, the chance to take part in a variety of active/sporting and creative opportunities each week during term time.

#### The emphasis at Family Club is on FUN!

As it's getting darker and colder at night SPDC's Family Club is retreating indoors.

We are kicking off our Family Club on

Monday 31st October and each Monday thereafter between 5.00-6.30pm

West Bromwich Leisure Centre, Moor Street, West Bromwich B70 7AZ

We have different themes each week so, please take a look at the information about each session and only book the weeks that appeal to your family.

## Hydro Pool Sessions

We are delighted to offer bonus family hydro-pool sessions this half term at

Portway Lifestyle Centre, Newbury Lane, Oldbury, B69 1HE

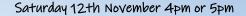
The aim of these sessions is to provide a truly therapeutic experience for families who are unable to access mainstream sessions.

Please note that the pool is a hydro-therapy pool and not a full size swimming pool.



Please help the team by indicating which time and date/s you would like when booking.

We have 3 dates to choose from and two sessions on each date.



Saturday 19th November 4pm or 5pm

Saturday 26th November 4pm or 5pm



## Important booking information

Please email your expressions of interest to spacebooking asp-dc.org

Your email should clearly state:

\* Your name

\*Which date(s) you would like to attend

\*How many people (adults and children) will be taking part in the sessions

It is important that you provide this information in full, as with out this we may not be able to process your booking.



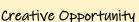
# Club Activities





### Monday 31st October

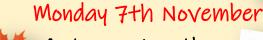
## Bonfire Night Crafts



Come along and take part in bonfire crafts! Make chocolate sprinklers and firework art.

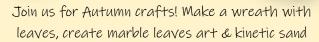
#### Active Opportunities

Badminton with a difference and end the evening with 10 minute football shootout.



### Autumn Wreaths

Creative Opportunity



#### Active Opportunity

Jelly Legs will be bringing along didi cars to race in the sports hall & last 10 minute football shootout.

## Monday 14th November





This week we are making pinecone bird feeder, bug houses PLEASE NOTE, if you have allergies to peanut butter we highly recommend you let us know.

Active Opportunity

Basket ball challenges.

### Monday 21st November



Autumn Crafts Creative Opportunity



Come along and create Autumn Craft Jars, play with seasonal playdoh and take part in sporting activities!

Active Opportunity

Various sporting activities.

## Monday 28th November Christmas Card Crafts

Creative Opportunity

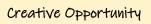
This week we will be creating Christmas cards to send to friends and family, along with festive games

Active Opportunity

Target Practice & football shootout!

## Monday 5th December





Join us to create festive decorations with artist Paula plus festive games!

Active Opportunity

Improve your football skills with Scott!

### Monday 12th December

## Make a Christmas gift

Creative Opportunity

For our final week before the Christmas holidays, join artist Paula to create a special gift for your special someone!

Active Opportunity

Various sporting activities.



Sandwell Parents for Disabled Children,

Galton Valley Childrens Centre, Great Arthur St, Smethwick B66 1DH

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Diane Duckers: 07594 486930

Gary Warrington: 07763 593877

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