



**September to October 2024**

## Welcome back from the Summer break!

Now the Summer programme has ended the Events Team are taking a well earned break and do not return to the office until Monday 16th September, however our office is manned during that time and the good news is that Family Club also returns on 16 September.

**Family Club has a variety of activities that everyone in your family can get involved in.  
Its all about having Fun together!**



We are making the most of the remaining light nights by holding Family Club outdoors on  
**Monday 16th September 5:00pm–6:30pm at  
Sycamore Adventure Centre, Old Park Farm Estate, Dudley, DY1 3QE.**

The Centre has a large capacity so we are able to offer places to all who want to attend on this occasion so, if are registered with SPDC and wish to join us, please email us to let us know on [spdcbooking@sp-dc.org](mailto:spdcbooking@sp-dc.org)  
You will not receive an email confirming your places but we will look forward to seeing you on the evening!  
(if you are unsure about whether you are registered with SPDC please give us a call to check on 0121 565 2410)

**From Monday 23rd September Family Club we return to  
West Bromwich Leisure Centre, Moor Street, West Bromwich, B70 7AZ  
5:00pm – 6:30pm**

The venue is wheel chair accessible but please note there are no changing facilities.



## How to book Family Club from 23.9.24!

Please email your expressions of interest in the Club to [spdcbooking@sp-dc.org](mailto:spdcbooking@sp-dc.org)

Your email should clearly state

**\*Your name**

**\*Which date(s) you would like to attend**

**\*How many (adults/children) will be taking part in the sessions**

Please provide this information in full as with out it we may not be able to process your booking properly.

Once the team have processed all of the bookings you will receive an email confirming the places you have been allocated at Family Club. Confirmation emails will be sent out during week commencing 16th September.

Please make sure you get your requests to us as soon as possible as we are unable to accept booking after **5pm on Thursday 12th September. Please note that bookings will not be accepted via Facebook or Messenger.**

Family Club has different themes each week, so please take a look at the following information about each session and only book the sessions that appeal to your family.

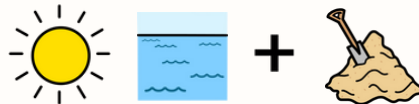
If you have requested or are allocated places on a particular session but can no longer attend it, we would ask you to let us as soon as possible by calling Diane 07594 486930 or Gary 07763 593877 so that we can offered a family on our waiting lists the opportunity to join us.

# Club Activities 5.00pm-6.30pm

## Monday 23rd September Sun, Sea & Sand

We are not ready to give up on the summer just yet so join us for a crafting activities with a sun, sea or sand theme.

On the activities side we have on offer football, badminton, table tennis, hockey, swing ball & basketball.



## Monday 30th September Diamond Art

Back by popular demand is 'Diamond Art.' In fact everything on the creative side of this session will be bright and colourful.

We will also have a games and a sensory table on offer too. Our active side will feature a variety of sporting activities.



## Monday 1st October Autumn Crafts

Come along and join us to make autumn wreaths, autumn hand trees and hedgehogs all using leaves. There will also be sensory play dough to get creative with.



On the active side we have a visit from Vince who will be joining us for a Zumba session between 5:30pm-6:00pm followed by our ever popular sporting opportunities.



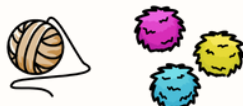
**Club Activities 5.00pm-6.30pm**

**Monday 14th October**

**Wool Themed Crafts**

**This evening we will be joined by Cassie, a parent carer who has a special talent! Cassie will helping us to produce some fabulous themed knitted crafts.**

**There will be a chance to make knitted wire art and animal pompoms, plus a whole range of other activities and sporting opportunities to take part in.**



**For our younger visitors (under 8's and those with specific sensory needs) we have exclusive use of the soft play area situated on the ground floor of the Centre from 5:30pm-6:30pm.**



**BLACK  
HISTORY  
MONTH**

**Monday 21st October**

**Black History Month**

**Come and help us to celebrate Black History Month  
We will have themed crafts, activities, games and challenges and  
maybe a bit of food on offer.**

**Along with a variety of sporting opportunities.**



**Contact Us!**

**Sandwell Parent for Disabled Children**

**Galton Valley Children's Centre, Great Arthur Street, Smethwick, B66 1DH**

**Tel 0121 565 2410**

**Email [info@sp-dc.org](mailto:info@sp-dc.org)**

**Website [www.sp-dc.org](http://www.sp-dc.org)**

**Charity Reg: 1125576**



**SCAN ME**

